

**Oct 11-15, 2010**

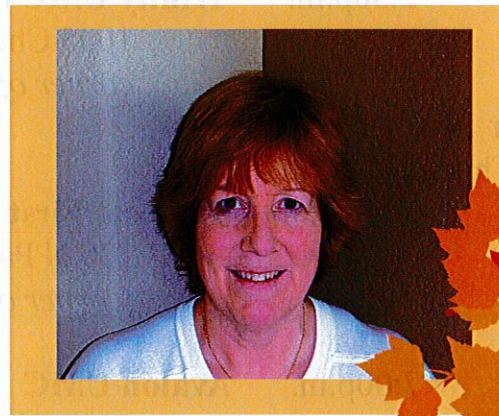
**8 Locations**

# **HealthFlex-CDHP Seminar**

***Updated Information***

**Presented by Paula Whitbeck**

The General Board of Pension & Health Benefits will be holding seminars to share updated HealthFlex information concerning the 2011 plan changes. All new participants are encouraged to attend this workshop. We also encourage those participants who attended the May meetings to join us and hear what changes have been made since then and to bring their spouses that will also be effected by the upcoming changes.



Turn over for a complete  
schedule of meeting times  
and locations

Please schedule the meeting most convenient for you-All seminars will be the same.

October 11

Monday

10:00a.m. **St Mark UMC (Columbus)**  
6795 Whitesville Rd, Columbus

7:00p.m. **Wesley UMC (Macon)**  
4256 Hartley Bridge Rd, Macon

October 12

Tuesday

7:00p.m. **Swainsboro First UMC**  
319 W Main St, Swainsboro

October 13

Wednesday

10:00a.m. **Alpha UMC**  
5 US Hwy 80 East, Bloomingdale, GA

2:30p.m. **Trinity UMC (Waycross)**  
1005 Church St, Waycross  
*corner of Church St & State St (U.S.1)*

October 14

Thursday

10:00a.m. **Valdosta First UMC**  
220 N Patterson St, Valdosta GA  
*(corner of Valley and North Patterson)*

7:00p.m. **Avalon UMC**  
3018 Gillionville Rd, Albany  
*(in Pavilion-last bldg on church property)*

October 15

Friday

10:00a.m. **McRae UMC**  
1 College St, McRae  
*(across from front door of Merchants & Citizens Bank)*

Contact Miriam Hagan or Eleanor Dickson in the Administrative Services Office  
for further information. 1-800-535-4224 or 478-738-0048